

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Mass</b> Daily Chronicle Activities with Staff Grab N Go Activities Adult Coloring Music and Memory News Extra Movie Matinee Evening Walking Club Canada Day	<b>1</b> 9:30 Devotional 10:00 Coffee and Conversations 11:00 Polish Me Pretty 1:30 Name 5 2:00 Watercolor 3:00 Reminiscing: Road Trip 4:15 Music and Memory Grab N Go Activities	<b>2</b> 9:30 Sit and Be Fit 10:00 Know The Capital 11:00 Sponge Fireworks 1:30 Faces and Places 2:00 Scenic America 3:00 Hand Massages w/ Aromatherapy 4:00 Music and Memory Activities with Staff	<b>3</b> Devotional Life Stories Shake Loose A Memory Music and Memory Daily Chronicle Adult Coloring Devotional Grab N Go Activities Front Offices Closed Independence Day	<b>4</b> 9:15 Rafe Visits 10:15 Sit and Be Fit 11:00 Music with Dena 2:00 Theatre Days 3:00 Cool Pops 3:30 Bingo 4:15 Music and Memory Walking Club	<b>5</b> 9:30 Group Exercise 10:00 Devotional 10:30 Coffee and Conversations 11:00 Music and Memory 1:30 This Day In History 2:30 Music for Seniors 3:45 Reminisce & Refreshments 4:30 Relax and Revive Activities with Staff	<b>6</b> Sit and Be Fit Devotional Monthly IQ Good Old Days TV Adult Coloring News Extra Music and Memory Evening Walking Club Activities with Staff
<b>8</b> Mass Daily Chronicle Activities with Staff Grab N Go Activities Adult Coloring Music and Memory News Extra Movie Matinee Evening Walking Club	<b>9</b> 9:30 Devotional 10:00 The Greyhounds Visit 11:00 Polish Me Pretty 1:30 Name That Tune 2:00 Shuffleboard Fun 3:00 Penny Ante 4:15 Music and Memory Grab N Go Activities	<b>10</b> 9:30 Sit and Be Fit 10:00 Never Have I Ever 11:00 Postcard Travels 1:30 Fact or Fiction 2:00 Beach Ball Trivia 3:00 Hand Massages w/ Aromatherapy 4:00 Music and Memory Activities with Staff	<b>11</b> 9:30 N.H.A. Puppy Visit 10:00 Know The Capital 10:30 Nature Talk 11:00 Sculpt It 2:00 Brushfire Pottery 3:15 Scenic Ride with Marcella 4:15 Music and Memory Grab N Go Activities	<b>12</b> 9:15 Rafe Visits 10:15 Sit and Be Fit 11:00 Music with Dena 2:00 Theatre Days 3:00 Cool Pops 3:30 Bingo 4:15 Music and Memory Walking Club	<b>13</b> 9:30 Group Exercise 10:00 Devotional 10:30 Coffee and Conversations 11:00 Music and Memory 1:30 This Day In History 2:30 Music with Mark Edwards 3:45 Reminisce & Refreshments 4:30 Relax and Revive Activities with Staff	<b>14</b> Sit and Be Fit Bingo Devotional EZ Does It Trivia Good Old Days TV Adult Coloring News Extra Music and Memory Activities with Staff Grab N Go Activities
<b>15</b> Mass Daily Chronicle Activities with Staff Grab N Go Activities Adult Coloring Music and Memory News Extra Movie Matinee Evening Walking Club	<b>16</b> 9:30 Devotional 10:00 Coffee and Conversations 11:00 Polish Me Pretty 1:30 Finish The Line 2:00 Watercolor 3:00 Baseball Toss 3:30 Coloring Group 4:15 Music and Memory Grab N Go Activities	<b>17</b> 9:30 Sit and Be Fit 10:00 Know The Capital 11:00 Group Sing Along 1:30 Category Sorts 2:00 Beach Ball Trivia 3:00 Hand Massages w/ Aromatherapy 4:00 Music and Memory 6:00 Alzheimer's Support Group	<b>18</b> 9:30 Devotional 10:00 Never Have I 10:30 Life Stories 11:00 Art History 1:30 DIY: Ice Cream 2:15 Rock Art 3:15 Scenic Ride with Marcella 4:15 Music and Memory Grab N Go Activities	<b>19</b> 9:15 Rafe Visits 10:15 Sit and Be Fit 11:00 Music with Dena 2:00 Theatre Days 3:00 Cool Pops 3:30 Bingo 4:15 Music and Memory Walking Club	<b>20</b> 9:30 Group Exercise 10:00 Devotional 10:30 Coffee and Conversations 11:00 Art Therapy with Tara 1:30 This Day In History 2:30 Music with Patrick Calvert 3:45 Reminisce & Refreshments 4:30 Relax and Revive Activities with Staff	<b>21</b> Sit and Be Fit Bingo Devotional Finish The Phrase Good Old Days TV Adult Coloring News Extra Music and Memory Activities with Staff Grab N Go Activities
<b>22</b> Mass Daily Chronicle Activities with Staff Grab N Go Activities Adult Coloring Music and Memory News Extra Movie Matinee Evening Walking Club	<b>23</b> 9:30 Devotional 10:00 Coffee and Conversations 10:00 Seated Volleyball 11:00 Polish Me Pretty 1:30 Fun Facts 2:00 Postcard Travels 3:00 Reminisce: Old Ads 4:15 Music and Memory Grab N Go Activities	<b>24</b> 9:30 Sit and Be Fit 10:00 Life Stories 11:00 Group Sing Along 1:30 Life Stories 2:00 Beach Ball Trivia 2:30 Lingo Bingo 3:00 Hand Massages w/ Aromatherapy 4:00 Music and Memory Activities with Staff	<b>25</b> 9:30 N.H.A. Puppy Visit 10:00 Life Stories 10:30 Nature Talk 11:00 Grandbuddies 1:30 Traveling with Shundra 2:15 What Am I? 3:15 Scenic Ride with Marcella 4:15 Music and Memory Grab N Go Activities	<b>26</b> 9:15 Rafe Visits 10:15 Sit and Be Fit 11:00 Music with Dena 2:00 Theatre Days 3:00 Cool Pops 3:30 Bingo 4:15 Music and Memory Walking Club	<b>27</b> 9:30 Group Exercise 10:00 Devotional 10:30 Coffee and Conversations 11:00 Music and Memory 1:30 This Day in History 2:30 Resident Birthday Party and Music with Yankee Girl 3:45 Reminisce & Refreshments 4:30 Relax and Revive Activities with Staff	<b>28</b> Sit and Be Fit Bingo Devotional Name 3 Good Old Days TV Adult Coloring News Extra Music and Memory Activities with Staff Grab N Go Activities
<b>29</b> Mass Daily Chronicle Activities with Staff Grab N Go Activities Adult Coloring Music and Memory News Extra Movie Matinee Evening Walking Club	<b>30</b> 9:30 Devotional 10:00 Coffee and Conversations 11:00 Polish Me Pretty 1:30 Category Sorts 2:00 Fads of the 40s-50s 3:00 Beach Ball Trivia 4:15 Music and Memory Grab N Go Activities	<b>31</b> 9:30 Sit and Be Fit 10:00 Know The Capital 11:00 Group Sing A Long 1:30 Dreams of Paris 2:00 Shake Loose A Memory 2:30 Skee-ball 3:00 Lingo Bingo 4:00 Music and Memory Activities with Staff				

\*\* All activities are subject to change.